



FAITH
in harm reduction

A Spell / In Order / To Live

**Near the edge of things seen
Are things imagined
A life slipped between cracks**

**Shines like broken open coal
And a heart breaks to let light in
Hope imagines things better**

**When there's nothing left
Hope is always there
To hope is to survive**

**To survive is to hope
Hope is never easy
To survive**

**When it's needed most
Hope is always there
Repeat as needed**

—Albert Park, #HRH413

You have always been,
and always will be, worthy
of love, care, and connection.
I don't need you to hide.
No part of you is unlovable.
The divine—sacred—God is
yours if you want it. You don't
have to do it alone. We are
capable of holding the truth
of your story. Complicated is
allowed. Your life/the lives of
people you love are valuable,
even if the law indicates
otherwise. You will not lose
everyone. You will help more
than you know. I will attend
to my healing so I can better
attend to yours.

—Blyth Barnow, *Femminary*

**I love you just as you are
right now.**

**And tomorrow I will
love you just as you are
tomorrow.**

**You are special,
you are strong,
you are resilient,
you are beautiful.**

I love you.

—Dianne Carden Glenn, *Mom*

You are not alone.

**You are loved
for simply being.**

**You are free
to be you with us.**

This is safe space.

**—Michelle Mathis,
*Olive Branch Ministry***

**Not above me.
Not below me.
Beside me.**

**—Jess Tilley,
*New England User's Union***

**You are wholly loved.
You are wholly enough,
Holy, loved, and enough.**

**—Erica Poellot,
*Harm Reduction Coalition***

**There is more than
enough love.
You are worthy of love.
You have agency.
You matter, and you
have something to offer.**

**—Reverend Sarah
Howell-Miller**



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